

LABRADOR SPORTS CLUB INC.

"Families Growing Together in Sport"



SENIOR HANDBOOK

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This is a must read document containing important information for all members.

A review of our Club policies is available in the Clubhouse or on our website www.tigerstix.com.au.

WELCOME

Congratulations on joining or returning to the Labrador Hockey Club family. We hope that your time here will be most enjoyable and your contribution mutually rewarding.

This handbook has been compiled to provide you with information to answer most of your questions that will arise during the hockey season. All information is correct at the time of printing.

Any suggestions for further inclusions in future editions should be put in writing and passed onto a committee member.

CULTURE OF APPRECIATION

At Labrador Hockey Club, we compel all members and supporters to develop a culture of appreciation towards all our volunteers. Any time you notice someone assisting you in any way, thank them. It costs nothing and the recipient may enjoy the experience enough to continue volunteering their time and expertise to help you.

Should you need to resolve a problem, please approach the appropriate volunteer in a respectful manner with concern for all persons affected.

MISSION STATEMENT

The mission of this Club is to provide quality services and facilities to maximise the opportunity for all participants to reach their potential and to encourage all members to contribute to the wellbeing of the Club.

CLUB MOTTO

“Families Growing Together in Sport”

CLUB OBJECTIVES

1. To foster and develop Senior Hockey catering for men & women and Junior Hockey catering for children, boys and girls, from 4 through to 17 years of age.
2. To provide appropriate and progressive hockey skill development programs for each participant.
3. To foster and develop coaching, umpiring and administrative expertise through the parent body and senior players. (Various forms of assistance are provided for parents and players who assist with team coaching and umpiring.)
4. To promote good sportsmanship, teamwork, team and Club loyalty at all times.
5. To administer the Club in a caring and professional manner with consideration for all members' needs.
6. To develop a spirit of a caring community by the encouragement of player and parental participation wherever possible.
7. To provide enjoyable experiences and friendship development opportunities for all players and parents.

CONTACT INFORMATION

Location: KEITH HUNT PARK. 131 Musgrave Avenue, Cnr Musgrave Avenue & Hockey Lane, Labrador.
Email: secretary@labradorhockey.org.au
Postal Address: PO Box 499, Labrador Q 4215
Web Site: www.tigerstix.com.au
ABN: 70 271 422 807
Email addresses and phone numbers for Club Administrators are posted on Club website www.tigerstix.com.au and available at the Clubhouse.

VOLUNTEERS

All Labrador committee positions are voluntary. Your assistance to help spread the workload will be most welcome and valuable in providing quality service to our players.

COURTESY

Please inform your coach any time you cannot make games or training giving as much notice as possible so alternative team arrangements can be made. Advise your Coach if you change phone number, email address or street address during the season.

Update your Online Registration if you change any contact information so that we can continue to contact you.

PROBLEM RESOLUTION/CHILD & YOUTH RISK MANAGEMENT

If any problems arise please see your coach/manager in the first instance. If the problem remains unresolved contact your Senior Coordinator, if still not resolved, contact the Player's Representative. Club policies for Healthy & Safe sport and Child & Youth Risk Management Strategy can be viewed online on our website – see policy tab.

SENIOR MEMBER RESPONSIBILITIES

As part of Labrador Hockey Club you are expected to contribute as a club member by volunteering for a support role in addition to that of playing. Your assistance in any of the following ways is encouraged:

- Pay all fees promptly as they become due.
- Coach a Tigerstix Cubs, Rookies, Tens, Junior, or Senior Club team.
- Manage a Junior or Senior club team.
- Volunteer to umpire Senior or Junior matches.
- Join the Club's administration team.
- Promote our club within your community.
- If you notice anybody at our Club doing something worthwhile thank them personally.
- Assist in the bar.
- Assist with facilities maintenance.
- Become a Mentor for a junior team. Juniors look up to our Senior players and aspire to be able to play like you.
- Recruit other players and friends to our Club.
- Refer any fence advertising possibilities to Club management for follow up.
- Assist in gaining any form of corporate partnership or donations in kind.

Thank you for your support.

GENERAL INFORMATION

SAFETY

All players are strongly encouraged to wear shin pads and a mouth guard and any other protective equipment appropriate to their level of competition. Please familiarise yourself with our Healthy & Safe policy in this handbook, on our website www.tigerstix.com.au/Information for [Players/Club Policies](#).

TRAINING

Training is on our synthetic turf field. Teams are usually allocated the same time and night each week. A training timetable will be published as soon as coaches are appointed. To ensure that each team gains the maximum benefit from their allocated time, it is expected that teams will vacate the turf promptly at the end of their session.

Players wishing to use the turf at times other than their allocated team training time must seek permission from club management.

Families are invited to use our Clubhouse and deck during training and we hope that everybody will stay to socialise at our Clubhouse after training.

SENIOR DIVISIONS

Seniors play in Division 1, Division 2, Division 3, and for women Division 4, or Masters competitions in the Gold Coast Hockey Association (GCHA) Competition.

BHL1 & 2 Men play in the top two divisions of the Brisbane Hockey Association.

FIXTURES

It is every player's responsibility to find out your game time and venue well before the event.

Gold Coast competition

Match information is available online via the links on our website www.tigerstix.com.au, or the Gold Coast Hockey website www.goldcoasthockey.com. Generally, Gold Coast Div 3 & 4 fixtures are on Saturday afternoon/evening, and Div 1 & 2 fixtures on Sunday, with Monday nights allocated to Masters hockey.

Top division GCHA competitions may include some Intercity matches against Tweed Border Hockey association teams, depending on the format of the draw. This may result in some fixtures being played at Barrie Smith fields, Murwillumbah.

Occasional games may need to be made up midweek when rescheduling or other Turf commitments prevent them being played on the weekend.

Brisbane competition

Brisbane Men play on Saturday afternoon. BHL (Men's) matches are posted on the BHA website www.bha.org.au and they play on a rotational basis at Labrador or in Brisbane.

WET DAYS/NIGHTS

Generally matches on synthetic turf are not cancelled due to rain unless there is lightning or significant flooding. Grass fields may be deemed unplayable due to wet weather when there has been significant rain.

Club administrators will inform coaches immediately decisions are made. Please **contact your coach or manager** for details of possible cancellations. Ensure you **record your coach and managers' phone numbers somewhere safe once you are allocated to a team.**

VENUES

All Gold Coast fixtures are at the Gold Coast hockey precinct synthetic turf fields. Occasionally due to hockey events, matches may be moved to other venues such as the Nikki Hudson Hockey Centre, Runaway Bay. You will be given plenty of notice of any change.

Top division competitions may include some Intercity matches against Tweed Border Hockey association teams, depending on the format of the draw. This may result in some fixtures being played at Barrie Smith fields, Murwillumbah. BHL (Brisbane Men's teams) train at Labrador and play in Labrador and Brisbane as per draw allocations.

Managers will have address details for all synthetic turf venues, and address details will also be shown as links on our website.

BAR

Senior players and supporters should be aware that the Club fees do not cover all running costs. Seniors are encouraged to return to our clubhouse after training or matches to patronise the bar. Bring the whole team back to the Clubhouse and enjoy your games & training sessions even more!

SMOKING

Smoking is prohibited within the Gold Coast Hockey Centre precinct. **Only smoke in designated smoking areas.** Your respect for this important health policy is appreciated.

MEETINGS

Where possible, committee meetings are held at the Clubhouse on a regular basis. Times and dates are subject to change depending on our volunteer committee members' other commitments. Contact the secretary via email secretary@labradorhockey.org.au or check our website www.tigerstix.com.au to confirm dates. Everybody is most welcome.

UNIFORMS

All team members are to be fully kitted in club socks, shorts/skirt and shirt by their second fixture match. Uniform items are available for purchase from our Uniforms officer at set times. In 2022 Labrador Tigerstix are developing an online uniform shop which should be available after Easter.

UNIFORM REQUIREMENTS FOR TRAINING

Reversible training singlets will be provided to players inclusive of your fees. This is a Covid-19 initiative to reduce opportunity of cross contamination for good health. Players will be able to reverse shirts to vary training groups in teams or squads without the need for 'bibs'. It is expected that players will wear their singlets to each training session. In cold weather, this may be with a T-shirt or long sleeved shirt underneath.

UNIFORM REQUIREMENTS FOR MATCHES

Boys and girls must wear Labrador shorts and Labrador skort/skirt respectively.

Tigerstix Tens players must wear Club shirt and socks. Tigerstix Rookies players are encouraged to purchase a Club shirt.

All uniform orders will be paid for at point of sale, including face to face or online.

TEAM SOCKS FOR MULTIPLE TEAMS IN ONE DIVISION

Where there is more than one Labrador team in a division, teams are named and differentiated by sock colour as follows:

2 teams:

Gold team = Gold socks

Black team = Black socks

3 or more teams:

Teams will be named Gold, Black, White.

All uniform items are available for collection at times designated by our volunteer Uniform Officer. Hours and phone number are advertised in the Clubhouse and on our website. For further information contact our volunteer Uniform Officer direct. Members will be updated once the uniform portal is online.

UMPIRE UNIFORMS

Umpires are expected to wear a fluorescent green umpires shirt, and long black pants or black skirt and black socks.

CONDITIONS OF TURF FIELD USAGE

In order to maximise the life of the surface, reduce maintenance costs, keep playing and training costs to a minimum and ensure your playing enjoyment, the following conditions apply to usage of the synthetic fields.

Labrador members are expected to comply with all directions for field usage given by Gold Coast Hockey Management Group staff (the facility managers). Any queries or concerns in this regard should be directed to a Labrador Committee member if further guidance is required.

The user will ensure that:

- *The field is watered before use.*
- All field users enter and exit only via the water bath gate on the northern side of the field.
- *Training is conducted across the field unless team exemption has been granted by executive.*
- Goals are returned to sideline positions if moved from there.
- *Appropriate footwear is worn. Only soles approved for the use on synthetic grass surfaces are allowed to be worn on the turf. Hard cleat soles are not approved.*
- Footwear is brushed and washed clean prior to entry.
- *Only water is taken into the enclosure to drink.*
- Sports drinks are left outside the synthetic turf enclosure.
- *All food is left outside the synthetic turf enclosure.*
- All litter on the field and in the dugout is removed from the field and placed in the bins provided.
- *Chewing gum is placed in a bin prior to entry.*
- Users do not spit on the synthetic surface.
- *All jewellery is removed and taped. Small Sleepers and necklaces without any dangerous points are permitted.*
- **All bobby pins are removed** – only hair slides or ties are approved for use on field.

Care for this facility is in your hands. Treat the surface as you would the carpet in your own home.

These conditions of turf field usage apply to all fields at Gold Coast Hockey Centre and the Nikki Hudson Hockey Centre, Gold Coast Performance centre, Runaway Bay.

NO DOGS ARE ALLOWED INSIDE THE PERIMETER FENCE AT EITHER VENUE.

NO SMOKING IS ALLOWED INSIDE THE PERIMETER FENCE AT EITHER VENUE.

CLUB MEMBERSHIP FEES

It is expected that all fees will be paid upon registration or an instalment plan will be completed. Fees are due and payable in full by end of May each year. Participation in fixtures beyond this date will be restricted until players are fully financial.

As we are a family club who try to make hockey affordable for everyone, we will work with players experiencing genuine financial hardship provided that their alternative proposed payment plan is discussed with the Registrar.

Our fees are set each year after careful budgeting and are kept to the absolute minimum. The club fee does not cover all running costs. Our Club income is supplemented by your support of the bar, fundraisers and corporate signage around the synthetic turf. If you have any contacts, please refer them to the club's management committee.

The current fee schedule and payment options can be viewed in the Clubhouse or on the Club website <https://labradorhockey.org.au/fee-and-payment-options/>.

Any variations required to the preferred methods of payment need to be referred to the Registrar registrations@labradorhockey.org.au for approval prior to payment.

Senior goalkeepers providing ALL their own equipment are eligible for a refund of a percentage of their fees upon completion of the season.

Labrador do offer sponsorship packages that provide credit to cover player registration fees. If you, a family member, a friend, or an employee wishes to play for the club and can introduce a sponsor this may provide you with an economical way to enjoy your hockey season. Please ask a committee member for our sponsorship packages if you are interested.

Parents become members of the club upon payment of junior fees. Please ensure that parent details are completed correctly and fully on the online registration form. Be sure to include an email address so that you can be included in Club emails and newsletters.

Non playing members or parents of children who are 18 or over may become ordinary members (social members) by payment of the relevant nominal fee.

LABRADOR TIGERSTIX CLUB POLICIES

As a club affiliated with Gold Coast Hockey Association, Brisbane Hockey Association (BHL teams only), Hockey Queensland and Hockey Australia, Labrador adhere to governing policies and are bound by local government, state government and federal government laws.

Labrador Tigerstix also have a range of club specific policies many of which are linked to Player Wellbeing. Links to Hockey Australia Member Protection Policy and Labrador Tigerstix specific policies can be found on the next page.

THE FOLLOWING POLICY INFORMATION IS PUBLISHED ON OUR WEBSITE,
<https://labradorhockey.org.au/club-policies/>
OR CLICK ON THE LINKS BELOW FOR SPECIFIC POLICIES

HOCKEY AUSTRALIA (HA) MEMBER PROTECTION POLICY

Labrador Tigerstix as a club affiliated with Hockey Queensland adopts and is bound by the HA Member protection policy. All members, and in particular club officials are required to familiarise themselves with the [HA Member Protection Policy](#) which aims to ensure that everyone involved in hockey can enjoy their sport in a healthy, safe way, and is aware of their rights and responsibilities. This Policy also provides the procedures that support our commitment to preventing and eliminating bullying, intimidation, discrimination, harassment, abuse or other forms of inappropriate behaviour.

As Australians we greatly value the importance of sport in our culture and our community, and we all have the right to enjoy our sport at whichever level we participate. This is part of our commitment to ensuring safe and harassment free sport for all of our participants, competitors, coaches, officials, administrators, volunteers and supporters.

LABRADOR TIGERSTIX COMMITTEE ROLES:

[Tigerstix Committee Position Descriptions 2021](#)

CLUB CULTURE POLICIES:

[Tigerstix Junior Match Time Policy 2022](#)

[Tigerstix Senior Match Time Policy 2022](#)

[Tigerstix Junior Team Selection Policy 2022](#)

[Tigerstix Senior Team Selection Policy 2022](#)

[Tigerstix Sportsmanship Expectations for Players 2022](#)

[Tigerstix Spectator Behaviour Policy 2022](#)

[Tigerstix Junior Codes of Conduct and Etiquette Policy 2022](#)

[Tigerstix Senior Codes of Conduct and Etiquette Policy 2022](#)

[Tigerstix Complaints Handling Procedure 2022](#)

SYNTHETIC TURF USAGE POLICY:

[Tigerstix Conditions of Turf Field Usage Policy 2022](#)

PLAYER WELLBEING POLICIES:

[Alcohol Illegal Drugs Policy 2021](#)

[Tigerstix Child and Youth Risk Management Strategy 2022](#)

[Tigerstix Child Drop Off & Collection Policy 2022](#)

[Tigerstix Healthy and Safe Sport Policy 2022](#)

[Tigerstix Player Injury Insurance Policy 2022](#)

[Concussion Policy 2021](#)

[Concussion Recognition tool 2019](#)

[Concussion Flowchart on field 2019](#)

[Concussion Management flowchart 2019](#)

[Concussion Flowchart off field 2019](#)

[Concussion return to sport Under 18 2019](#)

[Concussion return to sport Over 18 2019](#)

GENERAL POLICIES:

[Tigerstix Senior and Graded Junior Payment Policy 2022](#)

[Tigerstix Player Loyalty and Financial Commitments Policies 2022](#)

[Tigerstix Refund Policy for Registration Fees 2022](#)

Thank you to our Corporate Partners

Labrador Tigerstix Hockey Club
is proudly sponsored by:

The image displays a grid of logos for the following sponsors:

- rsl club southport** (esports/health centre)
- Bendigo Bank** (Community Bank Biggers Walters and Holmsvale; Money magazine's Home Lender of the Year 2021)
- Nurses WASH Pharmacy**
- SIRROMET**
- Cr. Ryan Bayldon-Lumsden** (Division 7 City of Gold Coast)
- Liquor Legends** (reward yourself)
- Reardon FAMILY LAWYERS**
- HUNGRY JACK'S**
- TIGER EARTHWORX & PLUMBING** (0427 448 227)
- Queensland Government**
- CITY OF GOLD COAST.**
- PROUDLY SUPPORTED BY BAKERS DELIGHT RUNAWAY BAY**
- HICKEY LAWYERS**
- BMD NORTHCLIFFE RUFF CLUB**
- Sam O'CONNOR MP** (Member for Bundamba)
- Domino's** (Crestwood Plaza)

**FOR MORE INFORMATION VISIT OUR WEBSITE
LABRADORHOCKEY.ORG.AU**